

LICENSURE & CERTIFICATIONS

- Licensed Professional Counselor in the Commonwealth of Pennsylvania (LPC) # PC007825
- National Certified Counselor (NCC) #308470
- Student Assistant Program Certified (SAP)
- Employee Assistance Specialist-Clinical (EAS-C)

EDUCATION

IMMACULATA UNIVERSITY

Post Masters Certification, School Counseling (K-12)

Immaculata, PA
January 2017- Attending

LA SALLE UNIVERSITY

M.A. Clinical Counseling Psychology

Concentration: Industrial Organizational Counseling and Consulting

Leadership: President, Master's Psychology Student Association (MPSA)

Philadelphia, PA
May 2012

NEUMANN UNIVERSITY

B.A. Psychology

Honors: Cum Laude

Aston, PA
May 2009

EXPERIENCE

Catapult Learning

Family Connections Counselor

Philadelphia, PA
January 2017 – Present

- Provide individual and family counseling services for title one students
- Consult with teachers regarding student academic and behavioral progress
- Connect students and families with community resources

Edward Darrah Counseling & Sports Performance Consulting, LLC

Licensed Professional Counselor and Owner

Wynnewood, PA
May 2015 - Present

- Perform client intake assessments and evaluations resulting in initial diagnoses.
- Conduct psychotherapy and counseling sessions per the patient-specific treatment plan.
- Offer sport performance enhancement and restoration consulting.
- Conduct sport psychology lectures and training for athletes, athletic camps, parents and teams.

Lower Merion School District

Instructional Aide

Ardmore, PA
August 2011 – April 2016

- Communicate with professional staff concerning individual students' goals and progress for Lower Merion School District.
- Instruct students using a variety of strategies including: cooperative learning, discovery learning and questioning.
- Support Special Education Students in the following settings: Autistic, Emotional and Learning Support

S.T.A.R.T Team Member:

- Provide students with resources for coping with mental and physical health concerns that interfere with the students' ability to succeed in school.

LMSD School Safety Task Force Member:

- Responsible for analyzing current school security, safety policies and lockdown procedures, and then implementing industry best practices to improve school safety and wellness.

Lower Merion High School Head Freshman Baseball Coach

2015 - 2016

Welsh Valley Middle Head Baseball Coach

2011 - 2014

Harrilton High School Junior Varsity Golf Coach

2012

Maternal Child Consortium, Inc.

Bensalem, PA

Outpatient Therapist

May 2013 – February, 2016

- Responsible for initially stabilizing the child's behavior and making and documenting the initial diagnosis.
- Review prior evaluations and complete comprehensive outpatient assessments with a focus on developing the short and long term outpatient treatment plan.
- Responsible for providing feedback to individuals and families on weekly progress towards identified objectives and milestones of treatment plan.
- Initiate crisis intervention plans designed specially for clients and assess and monitor weekly progress.

Behavior Analysis & Therapy Partners

Bala Cynwyd, PA

Mobile Therapist

Sept 2012 – July 2013

- Conduct individualized therapeutic service providing intensive one-on-one intervention within home and community settings.
- Engage family members to be a part of the therapeutic process when appropriate, and help the client build everyday coping skills.

NHS Human Services of Delaware County

Sharon Hill, PA

Outpatient Therapist-Intern

May 2011 - May 2012

- Provide long-term mental health and addiction services to individuals of Delaware County.
- Weekly supervision that involves joint-problem solving and the exploration of theoretical, ethical, and personal issues and how they relate to the therapeutic context.
- Counsel individuals and families requiring assistance of a social service organization; interview and assist clients in identifying needs; and secure information such as medical, psychological, and social factors contributing to client situation.

Arcadia University

Glenside, PA

Assistant Baseball Coach

Feb 2010 - July 2011

- Provided academic and emotional support for students-athletes of the team through weekly study halls and psycho-educational workshops.
- Worked with pitching staff on throwing programs, mechanical issues, and workout regimens.
- Consulted with head coach on game day decisions and in game strategies.

Amtrak-Employee Assistance Program

New York, NY

Practicum

Dec 2010 - May 2011

- Provided prevention programs, assessments, intervention, referral and follow-up services to employees and their families.

Performance Psychology

Easton, PA

Intern

June 2009 - Aug 2009

- Participated in weekly consultations with clients pertaining to various fields of performance psychology.
- Assisted during business seminars and performance seminars.

Professional Associations and Committee Memberships

Disaster Mental Health Volunteer (Red Cross)	Nov 2015 - Present
American Counseling Association (ACA)	Sept 2015 - Present
American Psychological Association Division 47 (APA)	Sept 2015 - Present
Pennsylvania Counseling Association (PCA)	Sept 2015 - Present
Melmark Pennsylvania: Human Rights Committee	May 2015 - Present
Neumann University Student Affairs Committee	Sept 2014 - Present